



Qualification Exam board

OCR Level 3 Cambridge Technical Extended Certificate in Sport and Physical Activity

Course Summary

The following units will be covered;

- Body Systems and the Effects of Physical Activity
- Sports Coaching and Activity Leadership
- Sports Organisation and Development
- Organisation of Sports Events
- Plus one additional optional unit

How will I be assessed?

Unit 1 - Exam

Unit 2 – Internal assessed (moderated by OCR)

Unit 3 – Exam

Unit 8 – Internally assessed (moderated by OCR)

Unit 18 - Practical performance

Each assessment is taken under specified conditions, then marked by the exam board (OCR) and a grade of pass/merit or distinction is awarded. Learners must achieve all external units at pass grade or above to be awarded a grade overall.

Learners are permitted to re-sit any external assessment only once during their programme.

Where can this course take me?

Supports progressions to apprenticeship, higher education or employment.

A pathway to a career in sport or physical activity

Example career options include PE teacher, sports coach, physiotherapist, personal trainer, the leisure industry and much more.

Who can I contact for more information?

Miss Kerton at Wilsthorpe School